



ONLINE SAFETY



TOP TIPS FROM OUR DIGITAL SAFETY LEADERS

The 4 Rs of online safety



Respect

Treat everyone with respect. Always follow rules and be polite.



Responsibility

Take responsibility for your actions and speak up when something is wrong.



Reasoning

Question what is real and don't follow the crowd.



Reliability

Don't trust everything you read online.

Google Family Link

We know that our children are keen users of electronic devices. Therefore, we recommend that you consider how you oversee your child's use of their phone/tablet. One way of doing this, which is free and very straightforward is to use the Google Family Link app. This allows you to manage app access, block inappropriate content and set limits for screen time remotely from your own phone. The Internet Matters online safety site have produced a really useful guide on how to install the app which you can find by following this link: [Google Family Link](#)

Google Family Link

Smartphone Free Childhood

Smartphone Free is a campaign that was set up in February 2024, please take some time to look at their website: [Here](#).

The website encourages parents to take a common approach through collective action together, with the goal of trying to reduce peer pressure and fear of missing out around smart phones. The ultimate aim is to reduce the chances of harm that many young people in schools are now experiencing due to unregulated use of the internet, online apps and addictive social media. Unfortunately, we know the potential for children to be exploited or to view harmful content is a real risk to our young people. Help to kick off a national conversation about the harms of smartphones for children.