



ONLINE SAFETY



TOP TIPS FROM OUR DIGITAL SAFETY LEADERS

The 4 Rs of online safety



Respect

Treat everyone with respect. Always follow rules and be polite.



Responsibility

Take responsibility for your actions and speak up when something is wrong.



Reasoning

Question what is real and don't follow the crowd.



Reliability

Don't trust everything you read online.

Social media age restrictions

Social media has age restrictions because of the law. They are not laws for you, they are laws for the companies, of apps and websites.

When you create a social media account you share some personal information with the company owning the service.

What if I'm already on social media?

You haven't broken the law but you may have broken the terms and conditions. This means, if social media service finds out you're too young to use their app or website, they might delete your account or block your email address from creating another account in the future.

Our advice is to wait until you are the correct age to use any online service. This is because we don't want...

1. You to have to lie about your age to gain access to something.
2. You to see scary or upsetting things intended for adults only.
3. Other people or companies online to think you're older than you really are.

Top tip - Talk to an adult who you trust before you start using social media or if you are using it already